

Dear Sir/Madam,

Panel Discussion on “AI and Mental Health: Balancing Promise and Peril”

Thursday, November 27, 2025 from 3:00 p.m. to 5:00 p.m.

Venue: Babubhai Chinai Committee room, 2nd Floor, IMC Building, IMC Marg, Churchgate, Mumbai

We are pleased to inform you that the IMC Chamber of Commerce and Industry through its **Knowledge (Skill and Education) Committee** is organising a **Panel Discussion on “AI and Mental Health: Balancing Promise and Peril”**

The details of the event are as under:

Day & Date : Thursday, November 27, 2025
Time : 3:00 p.m. to 5:00 p.m.
Venue : Babubhai Chinai Committee room

Our Esteemed Speakers and Moderator

Speakers:

- **Dr. Marcus Ranney**
- **Ms. Arya Punj Timblo**
- **Dr. Vedica Podar**
- **Ms. Shradha Murarka**

Moderator:

- **Ms. Amrita Sadarangani,**
Chief Academic Services Officer
(Designate)
University of York Mumbai

Why You Should Attend

Artificial Intelligence (AI) is transforming the way we live, learn, and connect. From therapy chatbots to diagnostic tools, AI is making mental health care more accessible and personalized. However, as with all powerful technologies, it also brings significant challenges — from privacy concerns to misinformation, and the psychological impact of algorithm-driven content.

To explore this evolving intersection of technology and wellbeing, the IMC Knowledge, Education and Skills Committee is pleased to curate a Panel Discussion on “AI and Mental Health: Balancing Promise and Peril.”

Key takeaways

The session will bring together eminent mental health professionals, technologists, and educators to discuss:

- How AI is shaping the future of mental health support and access.
- The risks AI poses to vulnerable groups, especially the youth.
- Ethical and cultural considerations in responsible AI deployment.
- The role of policy, education, and collaboration in ensuring AI strengthens mental health.
- This dialogue aims to foster a balanced understanding of how AI can be harnessed as a force for positive change — an ally in enhancing human wellbeing rather than diminishing it.

We extend a cordial invitation to you to participate in this highly insightful event.

Kindly note there is **No Participation Fee**. However, **Registration is mandatory**.

Registration Link: <https://www.imcnet.org/events-2577>

For more information registrations and other details please contact Ms. Bhantik Waghmare at bhantik.waghmare@imcnet.org , Sushil Pednekar at sushil.pednekar@imcnet.org or visit the IMC website.

We look forward to your valued participation.

Ajit Mangrulkar
Director General